

10th Anniversary Seminar



Hard to believe but we've been in the "new" dojo for ten years!

Sunday, September 22

Come celebrate by training Aikido with us 9am – 3pm

Instructors:

Aviv Goldsmith, 6th dan
Norm Primmer, 4th dan
Dwight Petersen, 3rd dan
Joseph Sumalbag, 3rd dan
Jeff Martin, 4th dan
Steve Fennell, 4th dan
Heather Phillips, 4th dan
Sarah Montgomery, 4th dan

Our senior students will lead classes during this one-day special workshop at the fantastic Aikido in Fredericksburg Dojo, just off I-95 between DC and Richmond.

We're celebrating ten years of community service at this state-of-the-art dojo. If you [register](#) before 18 September, the seminar fee is by [donation](#) (includes a simple catered lunch). Proceeds will go towards the [Aikido in Fredericksburg Building Fund](#).

Overnight space & ground transport assistance available with advance request.

www.aikidoinfredericksburg.org

Details? Call Aviv Sensei at 1.540.582.9600 or email aviv@aikidoinn.com

All Aikidoists welcome.

“Ju Nen” – 10th Anniversary Seminar – Application/Waiver

Fee Must Accompany Registration

(please make check payable to Aikido in Fredericksburg and mail to 6155 Hickory Ridge Road, Spotsylvania, VA 22551 so it is received before 18 September 2019, or [register online](#))

Name _____ Contact Telephone _____

Address _____ City, State _____

Zip _____ Aikido Rank _____

Home Dojo _____ Email Address _____

How did you learn about the Seminar? _____

Do you have any health limitations that would affect your ability to practice Aikido?

Contact Person and Phone In Case of Emergency:

Amount Enclosed (seminar net proceeds will go towards the AIF Building Fund): _____

If you plan to participate in the SATURDAY night dinner, please check here _____ and add \$16 to your payment

Do you need assistance with overnight accommodations? _____

READ THE FOLLOWING CAREFULLY - IT LIMITS OUR LIABILITY

I, the undersigned guest of AIKIDO IN FREDERICKSBURG (hereafter called "School"), acknowledge that I am applying for instruction in a martial art involving strenuous exercise and personal body contact. I acknowledge that any insurance that the School may carry may not cover injury to its students. As a condition to being admitted to the seminar and related events, I assume the risk of all injury and *do hereby hold the School, its instructors, employees, volunteers, lessors, and agents harmless from any and all liability* (including attorney's fees and costs) for all claims, actions, or damages due to injuries suffered by me or caused to third parties by me, arising out of activities involving Aikido, any variation thereof, or associated therewith, whether occurring on the premises of the School or elsewhere.

I agree that the health, welfare, and safety of students, members, and instructors of the School are of paramount importance. I certify that there is no medical reason to preclude me from training. I certify that, other than as stated above, I do not have a communicable, contagious, or other health condition that poses a medically-recognized or dangerous risk of harm to other students, members, or instructors of the School.

I agree to abide by the rules of the School and to follow explicitly all instructions given by instructors. I understand that (a) training is a privilege, (b) the School may refuse to provide instruction or membership to any person at any time, and (c) fees paid are not refundable. I agree to receive communications as appropriate at the above addresses from School and I agree that the School may use any photos or images of me taken at the seminar.

Date _____

Signature _____

If student is under eighteen (18) years of age, parent or guardian must also sign here.

I, the undersigned, as parent or guardian of the above applicant, certify that I have read the above application and I consent to the applicant's receiving the instruction applied for and I agree to the provisions of the contract for myself and said applicant.

Date _____

Signature _____

The seminar focuses on Aikido as taught by its Founder, Morihei Ueshiba, at the [Iwama Dojo](#) in Japan, as passed down via his disciple Saito Morihiro.

Weekend Tentative Schedule			
	SATURDAY 9/21		SUNDAY SEMINAR 9/22
9:30	Family Class	9 AM	Class 1
10:30	World Peace Flag Ceremony	9:30	Class 2
11:30	River City Taiko	10:15	Class 3
12:15	Aikido Demo	10:45	Class 4
12:45	Aikido Mini-Class	11:30	Lunch
1:15	Yoga Mini-Class	12:45	Class 5
2:00	Specials Class	1:15	Class 6
4:00	Dan Tests	2:00	Class 7
7 PM	Dinner Out	2:30	Aviv Sensei

Bring Bokken, Jo, and Shoes Suitable for Outdoor Training

Discounted hotel rooms available at the [Sleep Inn Southpoint](#) (ask for "Aikido" rate)

SLEEP INN SOUTHPOINT
 5400 SOUTHPOINT BLVD
 FREDERICKSBURG, VA 22407 USA
 Phone: 1.540.710.5500

Come and Join Us !





