

One Woman's Journey



A year of walking



Tales from the Trail



In July 2017, JeanMarie left Fredericksburg to hike the [Appalachian Trail](#). Since then, she has hiked over 12,000 miles on eleven long distance trails including seven of the eleven [National Scenic Trails](#). In this light-hearted presentation via Zoom, she will share with us her motivations, challenges, insights, and future objectives.

Your donations will support [Aikido in Fredericksburg](#), a non-profit educational corporation, and JeanMarie's next thru-hike. The Zoom link will be sent to you after your donation is completed at <http://aikidoinfredericksburg.org/donate> Contact aviv@aikidoinn.com with any questions.

Wednesday, March 17 at 6PM Eastern



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