

Instructor “Shidoin” Certification Aikido Seminar

with Wolfgang Baumgartner, 7th Dan
TAA Certified Instructor Trainer



at ***Aikido in Fredericksburg, USA***

6155 Hickory Ridge Rd, Spotsylvania VA 22551

July 24 - 26, 2026

\$299 discounted seminar fee includes lunch on Saturday
*overnight accommodations available * after June 26th, \$349*

Call Aviv Sensei for more info at 1.540.582.9600 or email:
aviv@aikidoinn.com

ask about discounted rates for those who are already Shidoin

Seminar Leader

Wolfgang Baumgartner Sensei, 7th Dan

Wolfgang Sensei is a graduate of the Aikido Institute in Oakland, California, and served as uchideshi to Saito Morihiro Shihan at the Iwama Dojo in Japan. He founded Reno Aikido Co-Op, North Lake Tahoe Aikido, and Aikido Arts Center (Santa Fe, NM) before moving to Berlin, Germany to start the Aikido Berlin Karow dojo. Saito Shihan awarded him the Menkyo Kaiden (complete system teaching certificate) for aiki-weapons. Wolfgang Sensei is an accomplished Aikidoist, instructor, artist, and professional bodyworker. He serves on the Board of Directors and the Ranking Committee of the Takemusu Aikido Association (TAA).

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Seminar Schedule



FRIDAY

6PM - 7PM

7:15PM - 8:15PM

SUNDAY

9AM-10:30AM

11AM - 1PM

1PM - 2PM *Working Lunch*

SATURDAY

8:30AM-10AM

10:30AM - 12PM

12PM - 12:45PM *Dan Tests (TBD)*

1PM - 3PM *Working Lunch (TBD)*

3PM - 6PM (TBD)

[Click for online registration](#)

Bring Bokken, Jo, and an Educator's mind.

Aikido in Fredericksburg

Wolfgang Baumgartner 2026 Shido in Seminar – Application/Waiver

NON-REFUNDABLE FEE MUST ACCOMPANY REGISTRATION

Please make check payable to Aikido in Fredericksburg and mail to 6155 Hickory Ridge Road, Spotsylvania, VA 22551 before 26 June 2026, or bring to the event if space is still available. Those who want to apply for the TAA Shido in Certification must pay the \$53 Certificate Fee to the TAA and submit a completed application at the end of the seminar.

Name _____ Contact Telephone _____

Address _____ City, State _____

Zip _____ Aikido Rank _____ Fukushima # (if applicable) _____

Home Dojo _____ Email Address _____

How did you learn about the Seminar? _____

Do you have any health limitations that would affect your ability to practice Aikido? _____

Contact Person and Phone In Case of Emergency: _____

Amount Enclosed (\$299 for pre-registration by 6/26, \$349 thereafter (space available basis): _____

Do you need assistance with overnight or local travel accommodations? _____

Where do you plan on staying? _____

READ THE FOLLOWING CAREFULLY - IT LIMITS OUR LIABILITY

I, the undersigned guest of AIKIDO IN FREDERICKSBURG and Wolfgang Baumgartner (hereafter called “Schools”), acknowledge that I am applying for instruction in a martial art involving strenuous exercise, personal body contact, pins, and falls. I acknowledge that any insurance that the Schools may carry may not cover injury to its students. As a condition to being admitted to the seminar and related events, I assume the risk of all injury and do hereby hold Schools, its lessors, instructor, employees, volunteers, and agents harmless from any and all liability (including attorney’s fees and costs) for all claims, actions, or damages due to injuries suffered by me or caused to third parties by me, arising out of activities involving Aikido, any variation thereof, or associated therewith, whether occurring on the premises of the Schools or elsewhere.

I agree that the health, welfare, and safety of all students, members, and instructors of the Schools are of paramount importance. I certify that there is no medical reason to preclude me from training. I certify that, other than as stated above, I do not have a communicable, contagious, or other health condition that poses a medically-recognized or dangerous risk of harm to other students, members, or instructors of the School. I will notify Schools if my situation changes.

I agree to abide by the rules of the Schools and to follow all instructions given by instructors and managers. I understand that (a) training is a privilege, (b) that the Schools may refuse to provide instruction or membership to any person at any time, (c) not to take video or audio recordings, and (d) fees paid are not refundable. I agree to receive communications as appropriate at the above addresses from Schools and I agree that the School may use any photographic images or recordings of me taken at the seminar.

Date _____

Signature _____

Takemusu Aikido Association Shidoiin Certification Course

Objective

Upon satisfactory completion of this course, students will have acquired the essential advanced knowledge and information to become more effective instructors of Aikido. The intent of the technical content is not to impart additional practice skills but rather to point out details that are helpful in teaching these. Note that in addition to completion of this course, there are training and teaching experience requirements to complete the TAA Shidoiin certification.

Pre-requisites

1. Aikikai or Iwama yudansha with relevant teaching experience.
2. Knowledge about Aikido and the Takemusu Aikido Association.
3. Proficiency in taijutsu and bukiwaza.

Target

This course focuses on the needs of an instructor who has a regular teaching responsibility in a dojo. It assumes proficiency in all techniques covered; the purpose of the course is to highlight details that are useful during instructing duties.

Format

The course consists of 14+ contact hours that include a combination of mat work and lecture/discussion.

Mat work includes:

- * Key technical details for each technique.
- * Common pitfalls and training issues on certain techniques.
- * Effective presentation of techniques.

Lecture/discussion includes interactive discussion on such topics as: teaching approach, dojo administration, and development of Aikido.

Satisfactory Completion

A student must attend and actively participate in all classes to complete the course satisfactorily. Upon satisfactory completion, the Instructor Trainer will sign off the relevant sections on the TAA Shidoiin Application and Checklist. This is evidence of course completion and should be submitted to the TAA for the award of Shidoiin Certification when all other requirements are fulfilled.

Course Syllabus (Preliminary)

TOPIC	HOURS
1) Technical Curriculum – Advanced a. Advanced Taijutsu i. Suwariwaza/Hanmi handachi ii. Kokyunage – advanced iii. Ninin/Sannin Dori iv. Tanto Dori v. Tachi Dori vi. Jo Dori vii. Jo Nage viii. Haenkawaza ix. Kaeshiwaza x. Oyowaza xi. Randori b. Advanced Bukiwaza i. Kumitachi & Haenka ii. Kumijo & Haenka iii. Kentaijo	8
2) Teaching Methodology a. Emphasis on Kihonwaza b. Emphasis on Bukiwaza c. Yawarakai waza d. Ki no nagare waza e. Emphasis on safety f. The teacher-student relationship	3
3) Dojo Administration a. Responsibilities i. Sensei & Owners ii. Instructors & Assistants iii. Uchideshi iv. Students b. Dojo Operations i. Curriculum or ranking requirements ii. Examinations: Kyu and Dan grades iii. Attendance iv. Code of Ethics & Etiquette v. Safety issues vi. Calendar of activities c. Dojo programs i. Adult classes ii. Children's classes iii. Other classes: seniors, fitness, Yoga, Tai Chi, etc. iv. Seminars v. Uchideshi program d. Student services i. Records: personal information, attendance, and promotion ii. Student relations e. Business i. Forms of organization ii. Dojo facility: dojo site and mat construction iii. Full time vs. part time teaching iv. Bookkeeping v. Insurance vi. Marketing f. Aikido community i. Training at other dojos ii. Participation in TAA activities and other associations	2
4) Promotion of Aikido and the TAA a. Instructor development b. Publishing c. Maintenance of lineage material d. Relations with the local community e. Relations with other martial arts	1
TOTAL	14