



Aikido in Fredericksburg
Sunday March 8th 10am-1:30pm



AIKIDO SEMINAR

in celebration of International Womens Day

Join us as we learn from and celebrate women
in martial arts with top Virginia instructors

- Yvonne Thelwell Shihan, 6th dan,
Aikido of Arlington
- Cyd Curtis Bates Sensei, 5th dan,
Aikido of Northern Virginia
- Heather Phillips Sensei, 5th dan,
Aikido in Fredericksburg



early
registration
\$49



About Us

Aikido in Fredericksburg is a 501(c)3 not-for-profit educational corporation. We embody conflict resolution, self-improvement, and community service through the teachings of the nonviolent art of Aikido.

6155 Hickory Ridge Road,
Spotsylvania, VA 22551

(540) 582-9600

<https://www.aikidoinfredericksburg.org/event/international-womens-day-aikido-seminar/>

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